



# Community 2018 Highlights



The Methodist Mansfield campus is now home to a new 82,000-square-foot, four-story professional office building with primary, specialty, and hospital services.

In addition, the hospital emergency department now offers a kid-friendly environment for treating pediatric illnesses and injuries. The Amon G. Carter Foundation Kids Zone has interactive play stations and digital games to help young patients stay calm and entertained during their hospital visit.

## We're in your neighborhood

Expanding our reach in Mansfield, Midlothian, and Grand Prairie

As Methodist Mansfield Medical Center's service area continued to grow in 2018, Methodist Health System grew right along with it. We opened new neighborhood facilities to help patients receive care close to home, and Methodist Mansfield began offering patient care through new technologies and procedures. Here's a look at several ways we grew to better serve you and your family.



Last June, the doors to the Methodist Convenient Care Campus opened at 4560 Lake Ridge Parkway in Grand Prairie. The campus hosts primary care, urgent care, and specialty services all at one location.



Off of U.S. Highway 287 near Walnut Creek Drive, the Methodist Mansfield Medical Center - Greater Therapy Center at Mansfield opened. The 2,200-square-foot physical therapy center is focused on orthopedic and other injuries.

On Friday, Oct. 5, as fireworks exploded in the background, Methodist Health System broke ground on its 11th owned or affiliated hospital in Midlothian. This will be a 190,000-square-foot, full-service acute care hospital that will offer a wide range of healthcare services. In addition, a 45,000-square-foot medical office building, to be located just east of the Midlothian ISD Multi-Purpose Stadium, will help make primary and specialty care more accessible to this growing community. The new hospital is estimated to open in 2020.



# Proud to work for community wellness

We're improving the health of our community with these initiatives

- **Medical support for local athletes.** Methodist Mansfield provides echocardiograms, sports physicals, health education, and team physicians for school athletes in the Mansfield and Midlothian ISDs and South Grand Prairie middle and high schools.
- **First-aid medical teams.** Methodist Mansfield provides physicians and nurses for the medical team in partnership with Tarrant County's Susan G. Komen® for the Cure at the annual Race for the Cure®. Our director of community and public relations also served as the 2018 medical director.
- **Mansfield ISD Wellness Clinic.** Methodist Mansfield partners with Mansfield ISD to offer a dedicated clinic for school employees.

- **Mobile mammography.** Methodist's mobile mammography unit brought breast cancer screenings directly to 111 women in the Methodist Mansfield service area.
- **Pet therapy.** Licensed pet therapy teams bring smiles and comfort to patients, visitors, and employees.
- **Recovery Notes.** Mansfield ISD high school band, choir, and theater students perform for patients on the cardiac care unit.
- **FIT4MOM®.** These low-cost pre- and postnatal fitness classes help moms with core training, mobility, fitness, meditation, and overall health.
- **Diabetes education.** A support group offers tips for managing diabetes, including diet, exercise, and insulin use.
- **Methodist Alliance for Patients and Physicians (MAP<sup>2</sup>).** This accountable care organization improves and saves lives through coordinated care for more than 85,000 people. These patients have seen overall improvement in health measures, as well as a lowered overall cost of care. For these efforts, MAP<sup>2</sup> has achieved national recognition for the quality of care given to patients.



The Boughton triplets, shown here with their big brother, mom, and dad, were among many children at the hospital's NICU reunion in August. The hospital welcomed nearly 2,000 babies in 2018, with more than 175 benefiting from care in the NICU.



More than 1,000 people stepped out for heart health in the fifth annual Run With Heart on Saturday, Jan. 27, 2018, at Methodist Mansfield.



Methodist Mansfield's Pretty in Pink event last September honored breast cancer survivors and fighters. Ladies heard from KLTy's Starlene Stringer, breast cancer survivor Laura McBride, and a panel of physicians discussing the importance of catching cancer in its earliest stages.

## SERVICE AND SUPPORT 2018

We were proud to offer or sponsor these and other community events and organizations last year:

- HMS
- Lear Corporation
- Local Lions, Kiwanis, and Rotary clubs
- Lockheed Martin
- Lowes Farm Neighborhood Association
- Mansfield Cares
- Mansfield Community Prayer Breakfast
- Mansfield Women's Club
- March of Dimes® March for Babies®
- Meredith Hatch Foundation
- Mira Lagos Neighborhood Association
- Mission Arlington
- Mission Mansfield
- National Night Out
- Old Castle Precast
- Parker Hannifin
- Pretty in Pink breast cancer event
- Run With Heart, as well as numerous other local community run/walk events
- Tarrant County Walk for the Cure
- USA Fieldhouse.
- American Heart Association Tarrant County Heart Walk
- Arlington British Women's Club
- Arlington-Mansfield Area YMCA
- Arlington Women's Club
- Autumn Run Neighborhood Association
- Ben Barber Career and Technology Academy health and science program
- Big League Dreams Sports Park
- City Health Fairs and Lunch and Learn events
- City of Midlothian Chili Cook-Off
- City of Midlothian Fitness Challenge
- Grand Prairie, Mansfield, and Midlothian ISDs and education foundations
- Harvesting International
- Hawaiian Falls



Alvin Anene, MD, on the medical staff at Methodist Mansfield, performed the hospital's first Spinraza® lumbar injection on Wednesday, June 13. The procedure helps patients with spinal muscular atrophy experience disease improvement and prevents progressive loss of mobility. The lumbar injection was only the third Spinraza procedure in North Texas!

## Your local heart-health heroes

Methodist Mansfield continues to raise the bar for cardiac care

Methodist Mansfield Medical Center is proud to serve the community through the Amon G. Carter Foundation Heart and Vascular Center. Staffed by some of the best cardiac, cardiothoracic, and vascular physicians in Texas, the center provides treatment options for a variety of heart and vascular conditions and treats cardiac emergencies 24 hours a day, 7 days a week.

In 2018, our electrophysiology team reached a milestone of treating its 500th patient in two years! These procedures are made possible in Methodist Mansfield's bi-plane interventional catheterization lab, designed with some of the latest lifesaving technologies for patients with heart disease.

After treatment, Methodist Mansfield helps patients recover thoroughly in a dedicated cardiovascular intensive care unit for patients who have had heart surgeries and in a percutaneous coronary intervention unit for patients who have had interventional heart procedures.

You can trust the care you're receiving at the Heart and Vascular Center. In the last year, Methodist Mansfield has received multiple accolades for its heart care:

- Chest Pain recertification by The Joint Commission
- Mission: Lifeline® Silver Receiving Quality Achievement Award for prompt and proper STEMI heart attack treatment
- Blue Distinction® Center for Cardiac Care by BlueCross BlueShield.



### STATE SENATOR HONORED AS 2018 FOLSOM AWARD RECIPIENT

Methodist Health System Foundation presented its 2018 Robert S. Folsom Leadership Award to Texas state Sen. Royce West. Since being elected to the seat in 1992, he has championed causes related to education at all levels and protecting at-risk youth. A formal dinner and celebration in his honor raised more than \$1.6 million toward a new oncology unit at Methodist Charlton Medical Center.

### CARE YOU CAN TRUST

Here are just some of the accolades we've received in the past year:

#### Methodist Health System

- Ranked second on the DiversityInc Top Hospitals and Health Systems list
- Orthopedic surgeon on the medical staff honored with Lifetime Achievement Award in the *D CEO* Excellence in Healthcare Awards
- 205 physicians on the medical staff among the *D Magazine* Best Doctors in Dallas
- 20 Methodist Family Health Centers and Medical Groups, owned and operated by Methodist Medical Group, recognized at the highest level by the National Committee for Quality Assurance for their patient-centered medical home programs

#### Methodist Mansfield

- Consistently awarded an A Hospital Safety Grade by The Leapfrog Group®
- Certified as a Chest Pain Center by The Joint Commission
- One volunteer and the Sports Physicals and Echocardiogram Community Relations Outreach Team honored with 2017 Excellence in Healthcare awards by *D CEO* magazine and *D CEO Healthcare*
- Ten nurses recognized in *D Magazine's* Excellence in Nursing Awards and two nurses named to the DFW Great 100
- One nurse and the Sports Physicals and Echocardiogram Community Relations Outreach Team honored as *Fort Worth Business Press* Healthcare Heroes
- Blue Distinction® Center for Maternity Care and Cardiac Care
- Two employees honored in Dallas-Fort Worth Hospital Council Awards as Employee of the Year and winner of the Rex McRae Scholarship, respectively
- Methodist Mansfield Wound Care and Hyperbaric Center honored with the Robert A. Warriner III Center of Excellence Award
- Voted Best Hospital and Best Emergency Department by readers in Arlington, Grand Prairie, and Mansfield in *Focus Daily News'* and *Living Magazine's* Best of Readers' Choice Awards
- American Heart Association/American Stroke Association Get With The Guidelines®-Stroke Gold Plus Achievement Award
- Honorable Mention 2017 for Best Hospital in *Arlington Today's* Readers' Choice All Stars
- SCOPY Award from the American College of Gastroenterology
- DFW Hospital Council Fire Starter Award

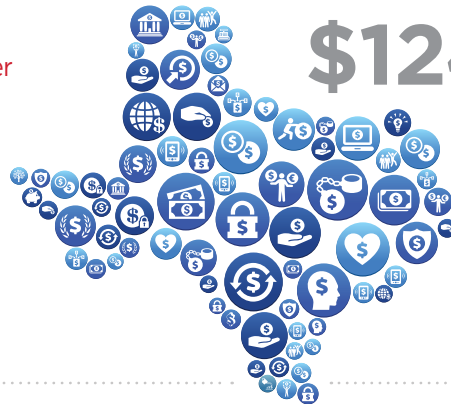
# NUMBERS TO KNOW



**10,709** The number of people Methodist Health System employed in 2018.

The number of people employed in 2018 by Methodist Mansfield Medical Center:

**1,773**



**\$124.8 MILLION**

Methodist Mansfield Medical Center's economic impact on Tarrant County.

**\$150 MILLION**

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2018.

**15** The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the eighth year running.

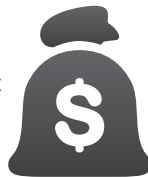


**13** The number of community members serving on Methodist Mansfield's new Patient Care Advisory Council. Thank you to these patients and family members who provide input into various hospital processes that impact care and services: Dachia Boughton; Jeanne Christy; Karen Davenport; Robyn Doty; Raul Gonzalez; Debbie Kandoll; Crystal LaBad; James Luckett; Susan Luttrell; Myrna Mason; Kathleen Powers; Ivana Segvic-Boudreaux, PhD; and Scott Spaulding.



**\$1.4 BILLION**

Methodist Health System's 2018 economic impact, including from income and benefits provided for employees.



**4** The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Both Methodist and Mayo Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care, unmatched in this marketplace.

## METHODIST MANSFIELD ADVISORY BOARD

Thank you to the outstanding people serving on our advisory board: (back row, from left) John Phillips, FACHE, former president, Methodist Mansfield; William Coppola, PhD; Bob Brown; Michael Van Amburgh; and Dale McCaskill; (second row) Richard Schimming; the Rev. Greg Buckles; Jim Vaszauskas, EdD; Greg Giessner; and Carol Esstman; (front row) the Rev. David Alexander; Randall Canedy, chairman; Clayton Chandler; Pam Rudnicki; Robyn Doty; Tom Cox; and Jim Swafford; (not pictured) the Rev. Michael Evans; Stephen Foster, DO; Alan Taylor, MD; and Marti VanRavenswaay-Waddell.



A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit [MethodistHealthSystem.org/Foundation](http://MethodistHealthSystem.org/Foundation).

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Mansfield Medical Center, Methodist Health System, or any of its affiliated hospitals.

The Methodist Alliance for Patients and Physicians (MAP<sup>2</sup>) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP<sup>2</sup> are independently practicing practitioners and are not employees or agents of MAP<sup>2</sup>, Methodist Health System, or any of its affiliated hospitals.

Methodist Convenient Care Campus is an assumed name of Pavilion Properties, a Texas nonprofit corporation, and is established for the purpose of leasing space for medical offices and facilities to healthcare providers. The physicians and staff who provide services at the Methodist Convenient Care Campus are not employees or agents of Pavilion Properties, Methodist Health System, or any of its affiliated hospitals.

Methodist Family Health Centers and Medical Groups are owned and operated by MedHealth/Methodist Medical Group and are staffed by independently practicing physicians who are employees of MedHealth/Methodist Medical Group. The physicians and staff who provide services at these sites are not employees or agents of Methodist Health System or any of its affiliated hospitals.

