



Methodist Richardson
Medical Center

Growing and expanding to better care for you

2019 was the year of onward and upward as Methodist Richardson Medical Center completed a vertical expansion, adding floors five and six. The expansion will ultimately add 150 new private patient suites. The first 50 of those rooms opened Dec. 20, 2019.

The new floors were part of an \$85 million expansion that also includes the hospital's ninth operating room and a seven-story parking garage adjacent to the hospital and the Cancer Center at Methodist Richardson.

"As we deliver on our vision for the future to be the trusted choice for health and wellness, we need more beds in our hospital to keep up with the number of people who come to us for care," says Methodist Richardson President Ken Hutchenrider, FACHE. "We have had tremendous support from the community over the years and are pleased that we are able to expand to make sure those we serve can remain close to home when care is needed."

The expansion also added to the local economy. The hospital is adding more than 250 employees to staff the additional nursing units.

In addition to the expansion, Methodist Richardson has also added several new procedures and technologies:

T-CAR (transcarotid artery revascularization) — minimally invasive procedure reverses blood flow to reduce stroke risk during surgery to repair blocked carotid arteries

NICE (natural orifice intracorporeal anastomosis with extraction) — minimally invasive surgery using the robotic da Vinci® surgical system allows the surgeon to remove a section of the colon without an abdominal incision

da Vinci® Surgical System — a third surgical robot for the hospital, the da Vinci X, increases availability of minimally invasive procedures

3D Mammogram — a second 3D tomosynthesis imaging machine for the hospital Women's Services, offering advanced mammography

SmartCurve™ — a breast stabilization system with a curved compression surface that offers a more comfortable patient experience without compromising image quality in mammography

Affirm® — breast biopsy guided system that allows greater flexibility and accuracy when a tissue sample is needed.

YELLOW AND BLACK TIE GALA CELEBRATES RECORD YEAR

Nearly 700 guests attended the Yellow and Black Tie Gala on Saturday, Nov. 9.

The record-breaking, sold-out soirée raised nearly half a million dollars toward a \$2.3 million goal for a chemical dependence partial hospitalization program at Methodist Richardson Medical Center. Sam Bibawi, MD, medical director of the Methodist Richardson Cancer Center, and his wife, Lisa, received the Legacy Award at the event for their ardent, longtime support.

MRCM President Ken Hutchenrider, FACHE; Lisa and Sam Bibawi, MD; and Foundation Chair Richardson Ramey





Methodist Richardson is a proud sponsor of the Ann Eisemann Playground, Richardson's first all-ability playground at Cottonwood Park.



Methodist Richardson volunteers rolled up their sleeves to build a 50-foot ramp for a local resident with mobility challenges.

Proud to work for **community wellness**

SERVICE AND SUPPORT 2019:

We were proud to offer or sponsor these and other community events and organizations last year:

- Altrusa of Richardson
- Bluegrass on Ballard
- Corporate Challenge
- DFW Hope Mommies
- Feeding Children Everywhere
- Garland, Richardson, Plano, and Wylie ISD Education Foundations
- Gobble Hobble, benefiting Boys and Girls Club of Greater Dallas
- Leadership Richardson, Plano, and Wylie
- The Mad Hatter Tea Party
- Murphy Maize Days
- NAMI Walks
- Network of Community Ministries
- Relay for Life
- Richardson Adult Literacy
- Richardson symphony orchestra
- Richardson Reads
- Sachse Fall Fest
- Santa's Village
- Texas Ramp Project
- The Warren Center.

Methodist Health System and Methodist Richardson Medical Center are improving community health with these initiatives:

- **Faith Community Nursing.** Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.
- **Methodist Generations.** This program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and up.
- **Asian Breast Health Outreach Project (ABHOP).** Last year, this program provided 740 mammogram screenings, 126 diagnostic exams, and 19 biopsies. ABHOP also offered breast health education to uninsured and underinsured Asian American women.
- **Mobile mammography.** Methodist's mobile mammography unit brought breast cancer screenings directly to 4,714 women this year, including 643 in the Methodist Richardson service area.
- **Diabetes education.** This monthly support group offers diabetes management tips, including diet, exercise, and insulin use.
- **Stronger After Stroke.** This monthly support group offers a road map to recovery for stroke patients and caregivers.
- **Postpartum support group.** This monthly support group is for mothers and families coping with postpartum depression.
- **HPB support group.** This bimonthly support group is open to all caregivers and patients dealing with liver, pancreas, and bile duct conditions.
- **Methodist Alliance for Patients and Physicians (MAP2).** This accountable care organization improves and saves lives through coordinated care for more than 85,000 people. These patients have seen overall improvement in health measures, as well as lowered overall cost of care. For these efforts, MAP2 has achieved national recognition for the quality of care given to patients.

A little rain didn't dampen the fun at Wildflower! Arts & Music Festival, where Methodist Richardson was the headlining sponsor of the city's biggest event.



In the spotlight



Patient Jim Klodnicki after his successful TAVR surgery, which was streamed live on Facebook.



The TAVR procedure is minimally invasive and can be an alternative to open-heart surgery.

place a new valve. In Jim's case, the surgery took 15 minutes, and he was up and walking within hours.

Jim's surgery has more than 113,000 views and was covered more than 75 times on TV stations across Texas and in other cities, including Chicago, Atlanta, and Philadelphia. Methodist Richardson streamed the TAVR procedure in honor of American Heart Month and to educate viewers about new alternatives to open-heart surgery.



Jim attends a baseball game with his family postsurgery.

Viewers tuned in from all over the country and beyond to watch a transcatheter aortic valve replacement (TAVR) surgery streamed live on Methodist Richardson Medical Center's Facebook page. Cardiovascular surgeon Derek Williams, MD, and interventional cardiologist Nhan Nguyen, MD, both on the hospital medical staff, performed the successful procedure on Thursday, Feb. 21, 2019. Asad Mohmand, MD, interventional cardiologist on the Methodist Richardson medical staff, narrated the surgery, and Mark Smith, MD, FACS, chief medical officer, answered viewers' questions online.

Patient Jim Klodnicki left the hospital the next day and is doing well. In fact, he watched the video of his own TAVR and commented on Facebook, "Do you believe in miracles?"

Jim had written off his fatigue as old age, but his annual visit to Dr. Nguyen revealed a failing heart valve that needed to be replaced. Before the TAVR procedure, replacing a heart valve required open-heart surgery and months of recovery. TAVR allows doctors to go through an artery in the groin to

CARE YOU CAN TRUST

Here are some of the accolades we've received this past year.

Methodist Health System

- Named one of the Healthcare Diversity Council's Top 3 Healthcare Diversity Organizations in the nation
- 2020 Military Friendly® Employers list
- Honored as Frontline Healthcare Worker Champion
- All four wholly owned hospitals have received the highest rating possible by the independent hospital watchdog The Leapfrog Group® for the second time back-to-back
- For the fifth year in a row, Methodist Health System has received the Buy Those That Buy Us™ Best Practice Award. The award is given by the DFW Minority Supplier Development Council.

Methodist Richardson

- Joint Commission Gold Seal of Approval® for Pancreatic/Hepatic/Biliary Cancer certification. This is the first in the nation.
- Leapfrog A — Leapfrog Hospital Safety Grade Spring 2018, Fall 2018, Spring 2019, Fall 2019
- Level III NICU designation from the Texas Department of State Health Services
- Joint Commission Gold Seal of Approval® for shoulder, hip, and knee replacement (fourth designation)
- NAPBC accreditation (second) National Accreditation Program for Breast Centers
- Robert A. Warriner III Center for Excellence Award — Wound Care & Hyperbaric Center
- American Heart Association Get With the Guidelines — Stroke Gold With Honor Roll
- Joint Commission Advanced Primary Stroke Certification
- American Heart Association's 2018 Mission Lifeline STEMI Receiving Center Gold Plus
- ANCC Magnet designation
- ANCC Pathway to Excellence designation
- Accredited by the Chest Pain Center
- Accredited by the American Academy of Sleep Medicine
- Accredited by the Commission on Cancer
- Designated as an American College of Radiology Breast Imaging Center of Excellence.

NUMBERS TO KNOW

10,519

The number of people Methodist Health System **employed throughout the Metroplex** in 2019.



The number of people employed in 2019 by **Methodist Richardson Medical Center:**

1,864



\$170.3 MILLION

How much Methodist Health System provided in **unreimbursed charity care** in fiscal year 2019.



\$1.5 BILLION

Methodist Health System's 2019 economic impact, including from **income and benefits provided for employees.**

5 The **number of years Methodist Health System has been part of the Mayo Clinic Care Network.**

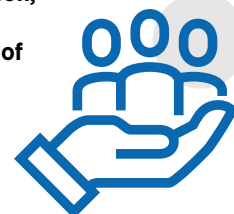
Both Methodist and Mayo Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care, unmatched in this marketplace.

16

The **number of consecutive years that Methodist Health System has been named among the Best Places to Work** by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by Becker's Hospital Review for the eighth year running.



Methodist Richardson is **proud to support the Richardson, Wylie, Sachse, Murphy, and Garland Chambers of Commerce.**



RICHARDSON ADVISORY BOARD

Back row, from left: Carol Norton, MD; Tim Griffy; Jenevieve Hughes, MD; Mike Spence; Julie Yarbrough; David Bonnet, MD; Judy Martin; Ron Poff, Chair; Gerald Bright; Ken Hutchenrider, FACHE; Clayton Oliphint, DMin; Dan Johnson

Seated, from left: Nhan Nguyen, MD; Bill Keffler; Joe Snayd; Levi Davis

Not pictured: Frank Leftwich

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Richardson Medical Center Foundation at **469-204-6990** or visit MethodistHealthSystem.org/RichardsonFoundation.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Richardson Medical Center, Methodist Health System, or any of its affiliated hospitals.

The Methodist Alliance for Patients and Physicians (MAP2) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP2 are independently practicing practitioners and are not employees or agents of MAP2, Methodist Health System, or any of its affiliated hospitals.

Methodist Family Health Centers and Medical Groups are owned and operated by MedHealth/Methodist Medical Group and are staffed by independently practicing physicians who are employees of MedHealth/Methodist Medical Group. The physicians and staff who provide services at these sites are not employees or agents of Methodist Health System or any of its affiliated hospitals.

Check out
SHINE
ONLINE

