

A year of many firsts

Methodist Dallas gains national, state attention for care advances

Methodist Dallas Medical Center set the bar high in 2016 with new technology and procedures in cardiology, nephrology, hepatology, and urology, all designed to save lives and connect patients and clinicians more than ever before.

EARNING NATIONAL RECOGNITION

- Pancreas care at Methodist Dallas has received a third certification from The Joint Commission. In 2014, the hospital became the first in the nation certified by The Joint Commission in pancreatic surgery and the first in Texas to be certified for pancreatic cancer treatment. Then in 2016, we added the first in the nation for pancreatitis care. Methodist Dallas has one of the nation's highest-volume, highest-quality treatment locations, caring for more than 100 pancreatic cancer patients each year and performing approximately 120 pancreas surgeries, including 60 Whipple procedures.



In August 2016, Phil Berry Jr., MD, orthopedic surgeon on the Methodist Dallas medical staff, performed his 1,000th hip replacement using the anterior approach.



Berda Moody of Marshall was the first TAVR patient treated at Methodist Dallas. Aaron Horne Jr., MD, MBA (second from left), performed the procedure with cardiothoracic surgeon John Jay, MD (not pictured). Also pictured are cardiologists Mark Thompson, MD (left), and G. Mark Jenkins, MD. All four physicians are on the medical staff at Methodist Dallas.

- For the fourth time, Methodist Dallas achieved certification from The Joint Commission in total hip and total knee replacement.
- Methodist Dallas earned an A Grade for Patient Safety in The Leapfrog Group® Spring 2016 and Fall 2016 Hospital Safety Score ratings.

ADVANCING CARE FOR YOU

- Methodist Dallas became the first hospital in Texas to begin biomarker-based testing of patients at risk for acute kidney injury. The first-of-its-kind NephroCheck® test allows doctors to discuss changes in a patient's treatment, such as avoiding medications that are toxic to the kidney.
- In April 2016, Methodist Dallas began offering TAVR (transcatheter aortic valve replacement). The minimally invasive surgical procedure repairs damaged heart valves in high-risk patients who do not qualify for open heart surgery.

- Prashant Kedia, MD, performed the hospital's first POEM (peroral endoscopic myotomy) procedure with great success. POEM is an endoscopic treatment for achalasia, a condition that significantly restricts swallowing. With this minimally invasive technique, no incisions are needed, providing the patient with a much better experience, increased safety, and a shorter hospital stay and recovery time.

EXPANDING OUR REACH

- Methodist Urgent Care added a new location in Inwood Village to serve more families in Dallas and the Park Cities.
- Methodist Health System entered into a joint venture with the former Forest Park Medical Center at Southlake. The 142,000-square-foot facility is now called Methodist Southlake Hospital.

Learn more about the services offered at Methodist Dallas by visiting MethodistHealthSystem.org/Dallas.

NUMBERS TO KNOW

9,442

The number of people Methodist Health System employed throughout the Metroplex in 2016.



2017

This year, Methodist Health System aims to be the healthiest health system in America. We're well on our way with these recognitions in 2016:

- Healthiest Employer in North Texas by the *Dallas Business Journal* for the second year
- Platinum-Level Fit-Friendly Worksite by the American Heart Association for the fourth year
- Health Champion Designation from the American Diabetes Association's WellNess Lives Here™ campaign
- Well Deserved Award from UnitedHealthcare for our worksite wellness program.



3,067

The number of people employed by Methodist Dallas Medical Center in 2016, making the hospital one of the largest employers in the southern sector.

3 The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Methodist is the first and only health system in Texas participating in the network, which gives physicians at Methodist the opportunity to consult with those at Mayo Clinic.

Learn more at Answers2.org.

13 The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the sixth year running.



12 The number of years Methodist Health System Foundation has honored servant leaders with the Robert S. Folsom Leadership Award.

In 2016, the award went to R. Gerald Turner, PhD, the longest-serving president of Southern Methodist University. The award event raised \$1.4 million, which was designated for creating a world-class simulation laboratory for Graduate Medical Education at Methodist Dallas Medical Center.

Shown above (from left): Bobby B. Lyle, 2014 Folsom Award recipient; Lotty Lyle; Ray Hunt; Nancy Ann Hunt, 2006 Folsom Award recipient; Dr. Turner and his wife, Gail; and Kelli and Gerald J. Ford. The Lyles, Hunts, and Fords were Folsom event co-chairs.


\$1.3 billion


Methodist Health System's 2016 economic impact, including from income and benefits provided for employees.

\$149.6 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2016.

90 Methodist Health System is looking forward to celebrating its 90 years of service in 2017. Follow us on social media for all the ways we'll be commemorating the occasion.

 /MethodistHealthSystem
/MethodistDallas

 @mhshospitals
@methodistdallas

 /MethodistHealthDFW

 /MethodistHealthSystem

Check out the latest issue of *Shine* magazine at MethodistHealthSystem.org/Shine or on our new app, available for Apple and Android devices.



METHODIST DALLAS MEDICAL CENTER ADVISORY BOARD

From left: Martin L. Koonsman, MD, president, Methodist Dallas; Ben Houston; John Collins, chairman, Methodist Health System board of directors; Lee Jackson; Jim Fite; Robert Simonson, DO; Frank Bracken; Alan Walne; Darrell Thigpen, MD; Janie Means Gilmore; and Elba Garcia, DDS; (not pictured) Harold Kleinman, advisory board chairman; Glenn Bodinson; Bernie DiFiore; Duncan Fulton; Margo Keyes; Yon Jorden; Pat Smith; and Andrew Stoker, DPh



WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Dallas Regional Chamber of Commerce
- Oak Cliff Chamber of Commerce
- Dallas Black Chamber of Commerce
- Dallas Hispanic Chamber of Commerce
- Southeast Dallas Chamber of Commerce.

A heart for wellness: How we're reaching the community

Methodist Health System and Methodist Dallas Medical Center are improving the health of our community with these initiatives:

- **Faith Community Nursing.** Through local churches, Methodist provides education and health outreach, including flu shots and biometric screenings.
- **Methodist Dallas Golden Cross Academic Clinic.** Through this clinic, underinsured residents of our local community have access to primary and OB-GYN services.
- **Life Shines Bright Pregnancy Program.** This program is dedicated to helping women have healthy pregnancies with the CenteringPregnancy® model of care. Since it started in 2008, the program has lowered the preterm birth rate among its participants to only 5.6 percent.
- **MedAssist.** This program provides vital bridge medications — 31 prescriptions in the past year — to patients in financial need. Through pharmaceutical partnerships, we also connected patients to 1,084 prescriptions for free medications valued at \$476,265.
- **Methodist Generations.** This program offers wellness activities, social events, and educational outreach for people ages 55 and older.
- **Mobile mammography.** In collaboration with Susan G. Komen® Dallas County, Methodist's mobile mammography unit brought breast cancer screening directly to 2,603 women in 2016, including 2,167 in the Methodist Dallas service area.
- **Methodist Alliance for Patients and Physicians (MAP²).** This accountable care organization (ACO) improves and saves lives through coordinated care for more than 55,000 people. These patients have seen overall improvement in health measures, as well as a lowered overall cost of care. For these efforts, MAP² has achieved national recognition for the quality of care given to patients.



Methodist Generations hosted Eat Smart, an event featuring delicious ways to cook with nutrition in mind.



Frozen's Elsa enchants children at the Bunnies and Books event last spring. The event donated one book to every student at James S. Hogg Elementary School in Oak Cliff.



How to raise your own chickens for farm-fresh eggs was one of the many topics covered at the family-friendly Garden2Table event.

Where you saw us in 2016

We were proud to offer or sponsor these and other community events and organizations:

- American Diabetes Association
- American Heart Association Dallas Heart Walk
- Armstrong Bradfield Preschool Association
- Bastille on Bishop
- BoomerU
- Bunnies and Books
- Cattle Baron's Ball
- Dallas Children's Advocacy Center
- Dallas Mayor's Back to School Fair
- Dallas Parks Foundation
- Dash for the Beads 5K
- Garden2Table
- Girl Scouts of Northeast Texas
- Go Oak Cliff
- James S. Hogg Elementary School
- The Kessler School
- Kiwanis Club of Pleasant Grove
- Klyde Warren Park
- Leukemia and Lymphoma Society
- Mothers' Milk Bank of North Texas
- Oak Cliff Earth Day
- Oak Cliff Film Festival/Texas Theater
- Oak Cliff Lions Club
- Oak Cliff Society of Fine Arts
- Old Oak Cliff Conservation League
- Pancreatic Cancer Action Network
- Perky Pumpkin
- Rosemont Dad's Club
- Rosemont Early Childhood PTA
- Southwest Transplant Alliance
- Texas Winds Musical Outreach
- Trinity Commons Foundation
- Trinity River Levee Run
- University Park Elementary PTA
- The Well Community
- Westminster Presbyterian Preschool and Kindergarten Parents Club
- Winnetka Heights Neighborhood Association
- Wynnewood North Neighborhood Association.

In honor of the fallen officers from the Dallas police shooting in July 2016, Methodist Dallas held a prayer service and sent a signed banner of support to the Dallas Police Department.



The transplant team celebrates its excellent outcomes at the Yes2Living survivor thank-you event on March 3, 2016, at Poggenpohl in the Dallas Design District.

We say 'yes' to living longer

For 35 years, Methodist Dallas Medical Center has been giving patients a new lease on life thanks to its organ transplantation program. In 2016, doctors and staff members at The Liver Institute and the Methodist Dallas Transplant Institute surpassed their own high expectations and national averages for transplant success. According to the Scientific Registry of Transplant Recipients, from January 2013 to June 2015, more than 90 percent of kidney and liver patients from Methodist Dallas survived and thrived a year after transplant.

Liver patients. The Liver Institute performs more than 50 liver transplants a



Molly Sager Harvell is no longer in pain, thanks to Richard Dickerman, MD, FACS (left), and Alejandro Mejia, MD, FACS. In December, the transplant surgeons performed North Texas' first robotic kidney autotransplant with the da Vinci® Surgical System.

year and had the **best outcomes in the Dallas area**. Methodist Dallas saw a **92 percent survival rate** for liver transplant patients. In addition, nearly half of all patients receiving organ transplants at Methodist Dallas are in the most severe category for liver disease — a number far surpassing other Dallas transplant centers and the national average — making our transplant success rate all the more impressive.

Kidney patients. For those with kidney transplants, patients one year post-transplant had a **99 percent survival rate**. Methodist Dallas performs approximately 60 kidney transplants a year and is now being nationally recognized as a Best Practice Model Hospital by the regulatory agency that oversees transplants.

Methodist Dallas was one of only 11 centers in the United States, and the only one in Dallas–Fort Worth, selected as a model hospital. Its good patient outcomes, even while accepting higher-risk kidneys, helped it stand out among other transplant facilities.

Learn more about our transplant program at MethodistHealthSystem.org/Transplant.

Shining achievements

Methodist Health System

- 11 nurses honored in *D Magazine's* Excellence in Nursing Awards.
- Among *Hospitals & Health Networks* magazine's "Most Wired" in the nation for sixth consecutive year.
- Longtime board member Levi H. Davis honored with Kerney Laday, Sr. Trustee of the Year Award from the Dallas–Fort Worth Hospital Council.
- 160 physicians among the *D Magazine* Best Doctors in Dallas.
- 22 Methodist Family Health Centers and Medical Groups recognized at the highest level by the National Committee for Quality Assurance for their patient-centered medical home programs.

Methodist Dallas

- Designated by Blue Cross Blue Shield as a Blue Distinction® Center + for cardiac care, knee and hip replacement, bariatric surgery, and maternity care.
- Designated by Blue Cross Blue Shield as a Blue Distinction® Center for spine surgery.
- Recognized as a 2014 *Top Performer on Key Quality Measures*® by The Joint Commission in heart attack, heart failure, pneumonia, surgical care, stroke, and perinatal care.
- Selected as one of 98 Top Hospitals in The Leapfrog Group® annual survey. The list includes 24 Top Rural Hospitals, 62 Top Urban Hospitals, and 12 Top Children's Hospitals.
- Recognized with Healthgrades Patient Safety Excellence Award™ for low occurrences of 14 preventable patient safety events. This award places Methodist Dallas in the nation's top 10 percent for patient safety.
- Reaccreditation in echocardiography by the Intersocietal Accreditation Commission.
- Cancer program honored with the American College of Surgeons' Commission on Cancer 2015 Outstanding Achievement Award.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit Foundation.MethodistHealthSystem.org.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Dallas Medical Center, Methodist Health System, or any of its affiliated hospitals.

Methodist Urgent Care is an independent legal entity separate from Methodist Health System and its affiliated hospitals. The physicians and other personnel providing care at the Methodist Urgent Care locations are either employed by or independent contractors of Methodist Urgent Care and are not employees or agents of Methodist Dallas Medical Center, Methodist Health System, or any of its affiliated hospitals.

The Methodist Alliance for Patients and Physicians (MAP²) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP² are independently practicing practitioners and are not employees or agents of MAP², Methodist Health System, or any of its affiliated hospitals.

Methodist Southlake Hospital is an independent legal entity separate from Methodist Health System and its affiliated hospitals. The physicians and other personnel providing care at this facility are either employed by or independent contractors of Methodist Southlake Hospital and are not employees or agents of Methodist Dallas Medical Center, Methodist Health System, or any of its affiliated hospitals.